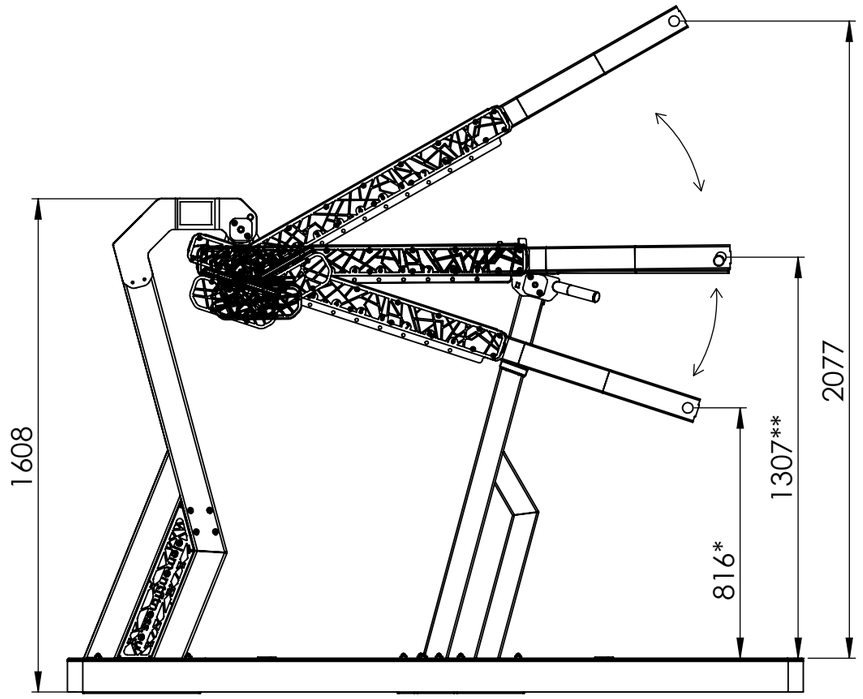
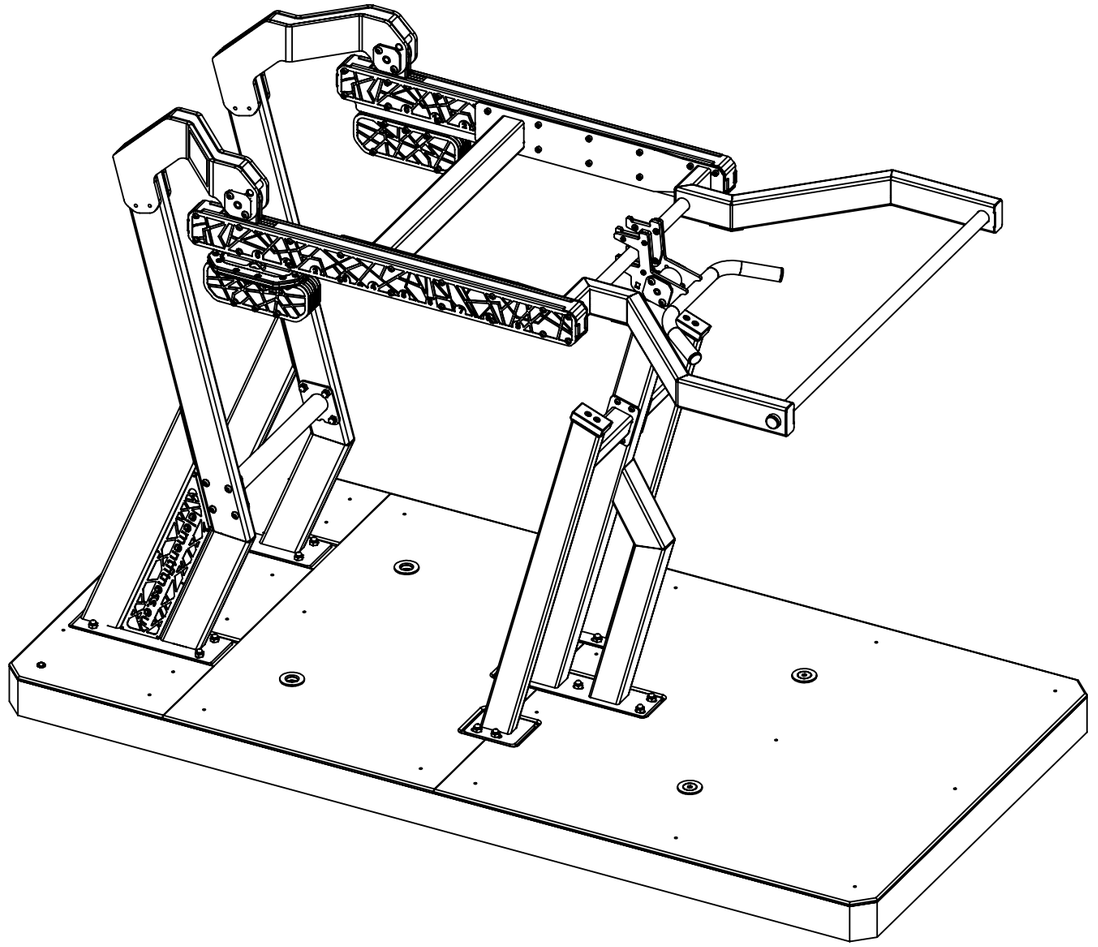
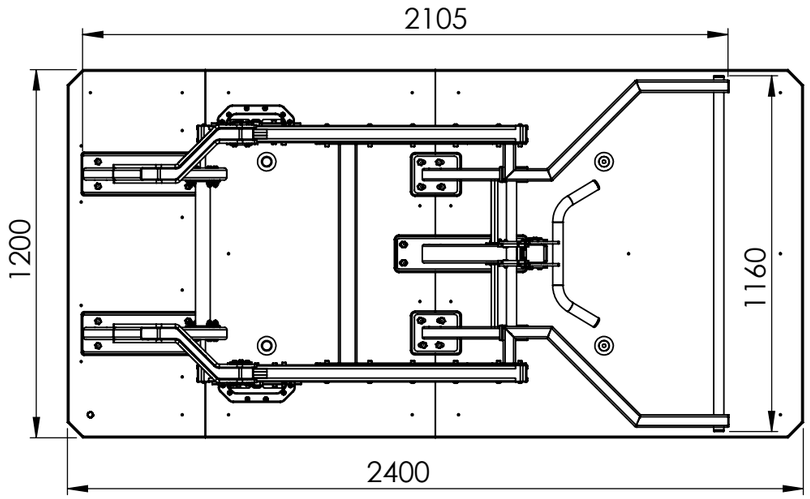


* Lowest position
**Start position





POS.	NUMBER	PCS	NAME	REV.	MATERIAL	CLASS
1	30-18526	1	Squat OG lite MO	A04		MO

element FITNESS

30-16602-L

Mass 971.56

Rev A00

SCALE:1:20 A3 Sheet 1 из 4 18.03.2026

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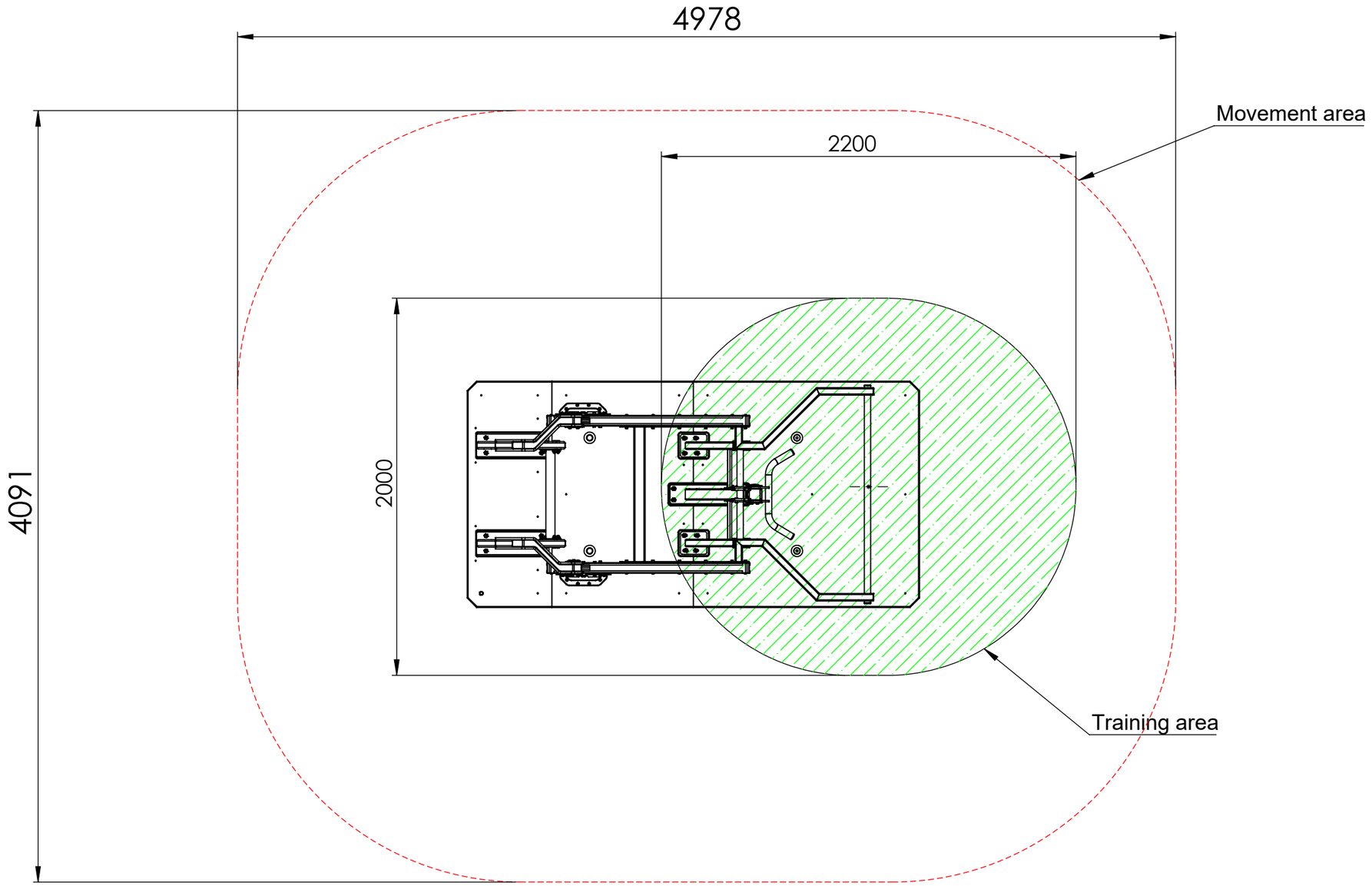

element FITNESS	30-16602-L	Mass	971.56
		Rev	A00
	SCALE:1:25 A3 Sheet 2 из 4		18.03.2026

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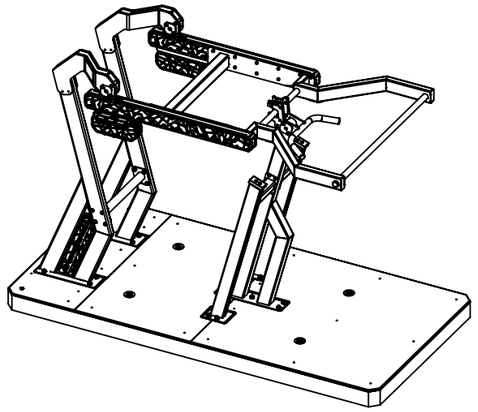
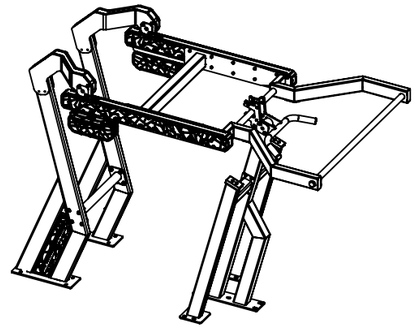


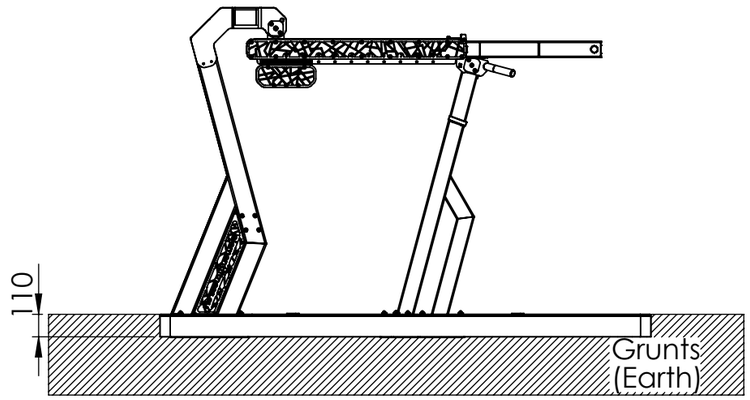
Standard 240x120x6cm reinforced concrete
+1cm plastic base



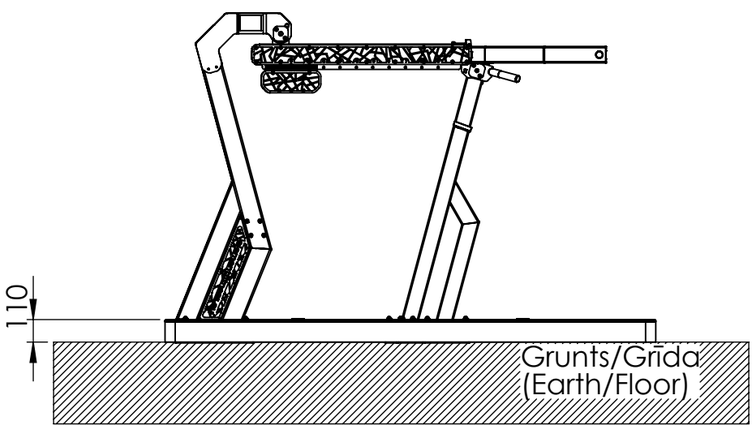
Base free (SKU 30-18527)

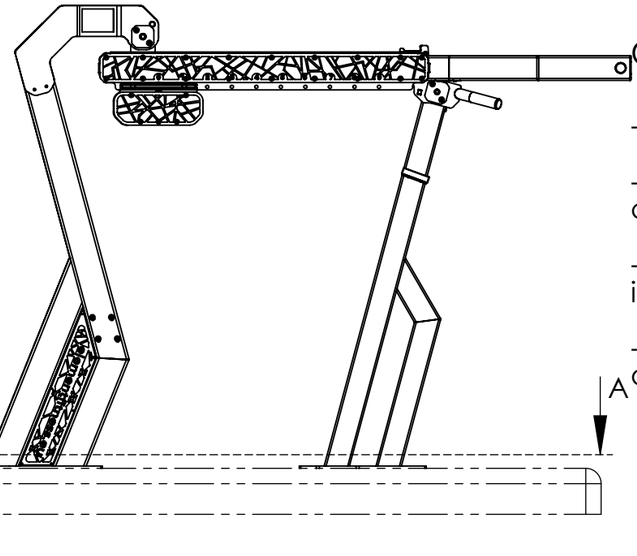
Installation according to EN16630

Setting plastic surface level with ground surface



Freestanding installation





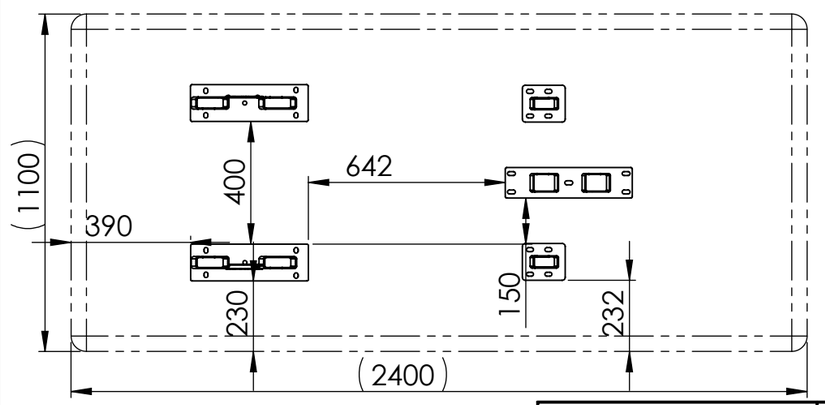
Concrete foundation on location

-Installation according to EN16630

-Pre-poured concrete or existing concrete foundation.

-Minimum concrete foundation size in brackets.

-Mounting with M12 Anchoring bolts according to foundation type.



element FITNESS

30-16602-L		Mass	971.56
		Rev	A00
SCALE:1:25	A3 Sheet 3 из 4		18.03.2026

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